

# Finding Your Path to Membership

*First Unitarian Church of Des Moines invites people into a respectful, authentic, and joyful religious community that nurtures meaningful connections pursues justice, and inspires service.*

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As you join the church there are some questions we encourage you to consider.  
Lori Emison Clair, Director of Congregational Life, will be contacting you to set up a time to meet in person to help you find your path to membership.

## **Meaningful Connections**

What are you looking for in a spiritual community?

Have you found ways to connect in the church community?

If so, please share how you are connecting?

If not, how can we assist you in finding your place?

Do you have a personal spiritual practice?

If so, what is it?

If not, what can we do to support your beginning one?

Are you interested in participating in Soul Matters, our monthly spirituality group?

## **Pursuing Justice**

What social or environmental issues do you care about?

Have you found a way to put your caring into action?

If so, how?

If not, would you like to transform your concern into action with other people from our church?

## **Inspiring Service**

Are you interested in learning more about becoming involved in our choral or instrumental groups for adults or children?

Are you inspired by working with or nurturing the spirituality of children and youth?

Are you interested in someone from RE contacting you about ways to become involved?

Please circle any of the following church groups  
that you would like to learn more about.  
Circling a group does NOT commit you to anything.

Connections

- Book Discussion Group
- Bridge/ Duplicate Bridge
- Christian Fellowship Group
- Earth Centered Events (CUUPs)
- Face 2 Face
- Great Decisions
- Guys Night Out
- Humanist Group
- Parents Group (Play UU)
- Philosophy Group Disc.
- Photography (ShUUterbugs)
- Small Group Ministry
- Silver & Gold Suppers
- Soul Matters
- Strings Attached
- Unity Circle Alliance
- Windbreakers - Men's Potluck
- Women's Potluck
- Young Adult Group (GenUU)

Justice

- AMOS
- Death with Dignity
- Energy & Justice
- Hunger (FEDS)
- PFLAG (LGBT advocacy)
- UU Service Committee  
(Intr'n'l Social Justice)

Service

- Adult RE Facilitator
- Celebrant Team
- Concert Committee
- Sound/Video Team

***Suggestion Box!***

Have a passion or interest that isn't listed? Please let us know. Also, indicate if you would be willing to coordinate an activity.

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